



Guiding your journey to mental health



Layla Care

Layla Care offers personalized therapy for individuals, couples, families, psychological assessments, DBT group therapy, and low cost therapy. Our community includes 400+ vetted licensed providers.

Why Layla:

Collaborate with Layla to provide seamless mental health support for your patients.

Timely: Intake within 1-2 days and therapy in under two weeks, on average

Personalized Matching: We consider clinical needs, logistical requirements, and interpersonal preferences. Our diverse community of 400+ therapists speaks 33 languages, addresses 50+ primary concerns, and includes significant representation from the LGBTQ2S+ and BIPOC communities

Quality: We work with college regulated, licensed professionals with 10 years on average in practice, accepting only 25% of therapists who apply

Setting: In-person, video sessions through our app, phone or a hybrid

Flexible treatment: Our therapists use evidence-based treatments like CBT, DBT, and EMDR, and more

Pricing:

- \$55 per session (Supervised Therapists in Training)
- \$165 per session (Individual)
- \$185 per session (Couples/Families)
- \$220 per session (Psychologist)
- \$240 per session (Couples/Families with Psychologist)

Learn
more
here:

